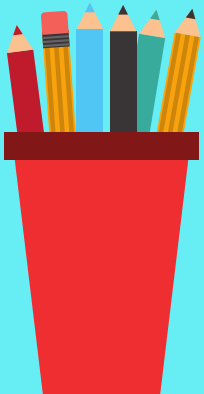




Nalanda Learning Facilitation Programme

REFLECTIONS

2020-21



THE NALANDA SONG

We have a vision for tomorrow
Just believe (2)
We have a goal for Nalanda
We can achieve (2)

Chorus:

You and me, we'll do our part
Stand together, heart to heart
We're going to tell the world
What Nalanda can be
We can achieve (2)

There is something down the road
That we can try for
Just believe (2)
We are told no dream's too bold,
That we can strive for
We can achieve (2)

Chorus:

There's a spirit in the air,
It's a feeling we all share
We're going to tell the world
What Nalanda can be
We can achieve (2)

Count on me, Nalanda
Count on me,
To give my best and more
(Repeat chorus)

Nalanda Learning Facilitation Programme
Sir Jacob Sassoon High School 2nd floor, 340 Sir J J Road, Byculla, Mumbai- 400008.
Tel No. 23021493/ 97. Mob No: +91-9619793242/ 8356959850.
Email: info@nalandafoundation.edu.in
Website: www.nalandafoundation.edu.in

Prayers for the departed soul from
Management, Director Aarti Gandhi, staff
and students of NLFP



Dr. Kamlesh Choudhary
(1943-2021)
Ex-director NLFP (2003-2011)

Contents

4 Director's musings

6 About NLFP

8 Editorial

9 Strength of NLFP

10 Results 2019-20

11 Around the year at
NLFP

26 Events attended by
Director

29 Events attended by
Staff

33 Students' Artwork

34 Students' Articles

38 Teachers' Articles

42 Ex-students'
Articles

48 Articles by
Professionals

51 SSC Board
details

52 NIOS Board
details

53 Media



Director's musings

Team NLFP bravely faced the challenges of the second wave of the pandemic in the last academic year June 20-May 21 and continued online school with enforced confinement to home, without outdoor events and activities. The contours of teaching and learning are constantly evolving. Aided by technology, remote and blended learning has become the new order in these pandemic times. As never before, the need to be adaptable and resilient and the importance of physical and mental health as well as social and emotional well being are in the spotlight.

Fifteen months of screen learning are taking a toll on children with learning and social skills suffering. The excitement of remote classes has worn off and children find it hard to concentrate for long periods of time. Despite the constraints, all the students from std 6th – 9th appeared for final exams online and were promoted. Students of 10th std wrote answers for their prelims from home and submitted at school. Board Exams for 10th std students were cancelled again!

For SSC students, prelim answer papers, internal marks along with the marks of the last std of their regular schools, year work of vocational subjects and grades for 3 graded subjects were sent to the Board. NIOS students were evaluated on their TMAs sent. We are awaiting the final result.

We celebrated Teachers Day, Children's Day, Sports Day and Farewell Party online and held the Interschool Ace Chef competition also with 100 participants from 30 schools with great enthusiasm.



Whilst the vaccination drives are on, we try to focus on the positives to gain the vitality and resolve to weather the storm. We are preparing and planning for the next academic year with the hope that good times will return soon and our school will once again be full of life and cheer, buzzing with our children's presence in our classrooms and corridors and the hustle and bustle outdoors. Until then keep yourselves, your loved ones and your communities safe.

Our prayers for the departed soul, Ex Director NLFP (2003-2011) Dr Kamlesh Choudhary.

Kudos to all teachers at NLFP who continued learning and evolving through webinars:

From hand holding to screen sharing, from chalk to chat, from blackboard to whiteboard, from real to virtual, the journey was difficult but YOU did not give up. From offline to online, from keep quiet to speak up, from no mobile to turn on your mobile, from conventional to technical, the journey was difficult, but YOU did not give up.

From notebook to screenshot, from teacher's assessment to self-assessment, from classroom to zoom, from school to home, the journey was difficult but YOU did not give up.

Before I sign off, a big Thank you to Niyati, Vishal and NLFP team for compiling this beautiful Reflections 20-21. Happy Reading!

"Every child can and will learn well in spite of his/her learning difficulties"

Aarti Gandhi
Director
NLFP



About Nalanda Learning Facilitation Programme

The Nalanda Foundation has evolved into an effective Facilitation Programme for children with Development and Learning Variations since 1998 in Mumbai. Nalanda Learning Facilitation Programme addresses the specialized educational requirements of children with Learning Disabilities (LD). We provide them with an educational framework (from VI to X std) by addressing their educational, emotional and behavioural needs.

Nearly 10%-15% of all school going children are affected by Specific Learning Difficulties (LD) what is commonly called Dyslexia. NLFP enables students who are unable to cope with conventional teaching methodologies in regular main stream schools to continue with their studies, build up self-esteem, reinforce positive behaviour and ultimately return to mainstream education and further opportunities in higher learning.

Nalanda has its own well equipped library, computer laboratory, pantry, art room, A.C. classrooms and canteen facilities.

Every year a batch of 30-40 students appear for NIOS board and as private students of SSC board examinations and are successful in joining junior colleges or pursue vocational diplomas.



NLFP also has strong support programmes of remediation, counselling and socio-emotional development, co-curricular activities, events, field trips, talks and workshops make it an enjoyable experience.

Learning can best occur in an environment that is emotionally and physically safe. At Nalanda students are provided instructions in smaller groups by trained special education personnel who give them individual attention. They teach in a way children can learn with adaptations and modifications in the content. It also caters to the child's individual learning style and needs, depending on the type and severity of deficits. Individualized Education Plan is also prepared keeping into view the child's current level of functioning, areas of deficit and areas of strength. It takes into consideration the academic, emotional, social needs and the behaviour needs of the child.

Learning is enhanced through field trips and hands on activities. Opportunities are provided for physical education, learning life-skills and fine arts. Career Counselling by experts is also provided. Alternate assessment procedures are used to help motivate students to succeed and develop self-esteem.

Students who have obtained LD certificate from authorized centers (KEM, SION or NAIR Hospital) are given concessions by the SSC & NIOS boards.

The belief at NLFP is that "Every child can and will learn well in spite of his/her learning difficulties."



Editorial

Mind is like a parachute, it works best when opened.

Reflections 2020-21 is an initiative to set the budding minds free, allowing them to roam free in the realm of imagination and experience to create a world of beauty in words.

We aim to provide students with the opportunity to expose their literary and artistic talents. Achievements of students in curricular activities and academic excellence are highlighted through this school magazine.

I take this opportunity to thank all the dignitaries for sparing their valuable time to send their best wishes for the magazine in the form of 'Messages'.

I also extend my sincere thanks to everyone who has contributed to this issue and enhanced it's perfection and beautification through their articles and artwork.

I am really thankful to our respected Director ma'am for entrusting me with the responsibility of compiling the magazine.



Ms. Niyati Sanghavi
Counselor



Strength of NLFP



From left to right:

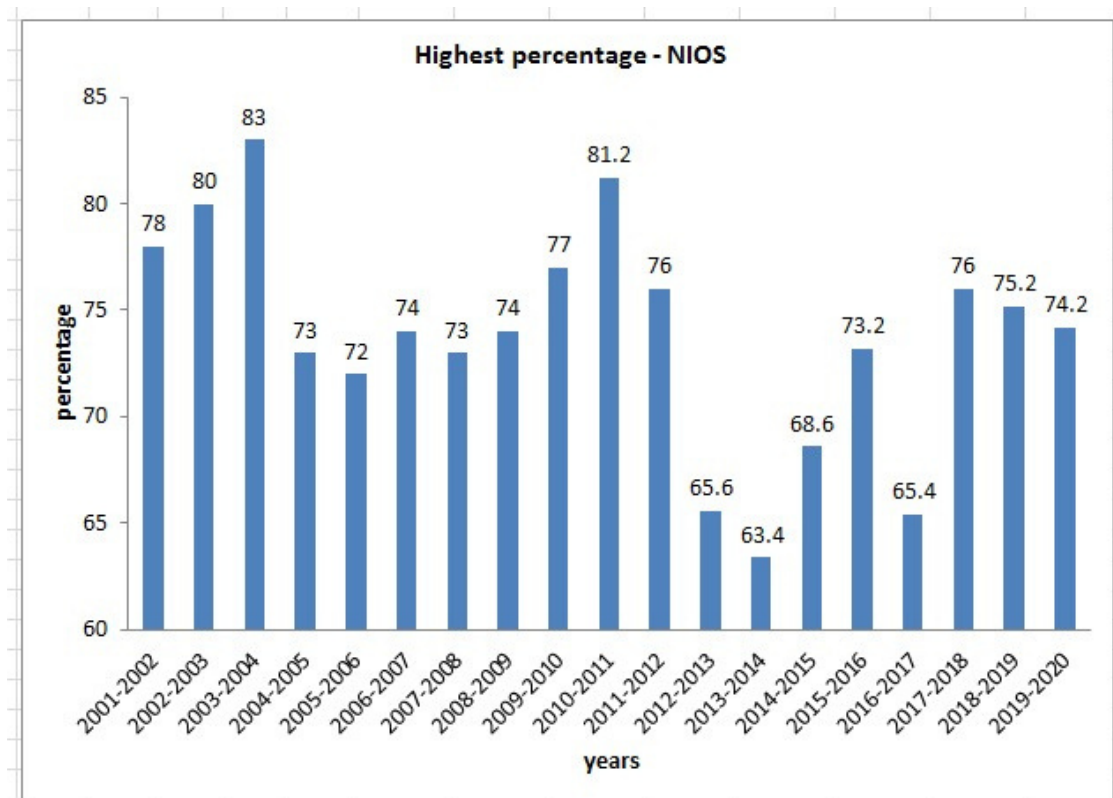
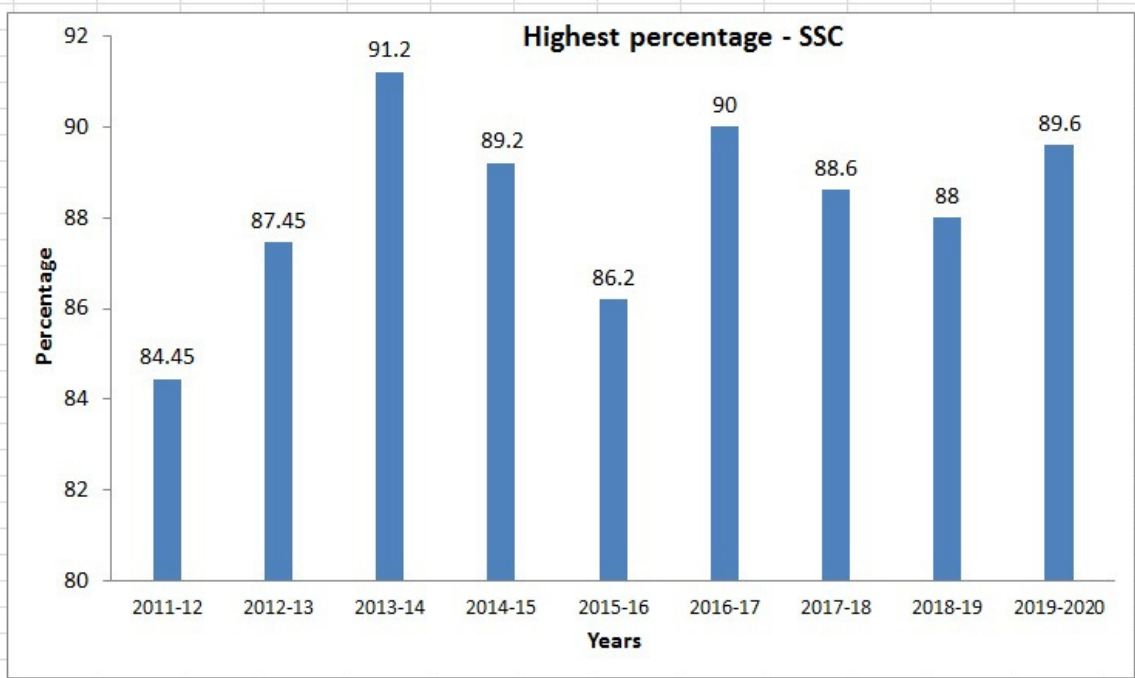
1st Row- Mr. Vijay Utekar, Mr. Nagesh Gaikwad, Mr. Sandip Bavkar,
Mr. Parshuram Ghodeswar.

2 nd Row- Counselor- Ms. Niyati Sanghavi, Ms. Bhoomi Kothi, Ms.
Asma Khan, Mr. Hanif Mansuri, Ms. Bhavini Ashar, Academic Head-
Ms. Jyothi Sundar.

3 rd Row- Mr. Vishal Mane, Ms. Vaishnavi Sashital, Ms. Nadira
Namavati, Director- Ms. Aarti Gandhi, Ms. Roshan Irani, Ms. Bindu
Puri.



Results 2019-2020



Around the year at NLFP

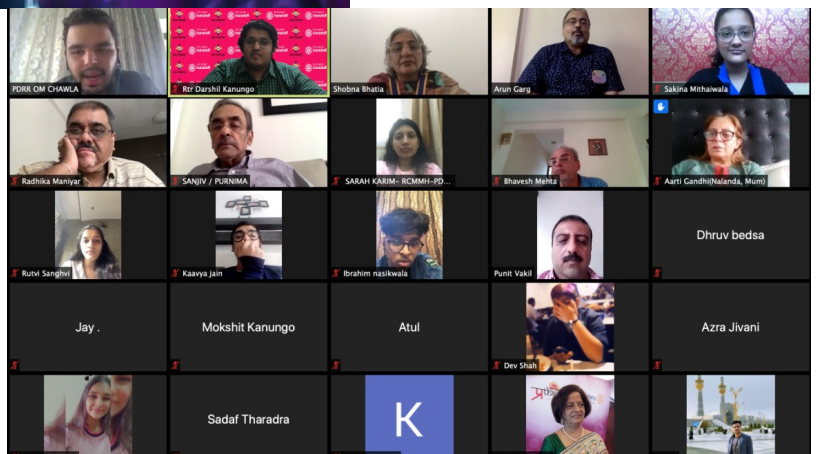
Interact Club of Nalanda Foundation

Interact Club of Nalanda Foundation was formed in June '20 in association with Rotaract Club of Malabar Hill, Mumbai. Key positions were held by Sakina Mithaiwala as President, Dhruv Bedsa as Secretary, Ali Mohammed Patel as Vice President, Teesha Gala as SAA and Dev Shah, Jay Sacheti and Maitrey Shinde as Directors.



Sakina Mithaiwala
President

Charter Installation on
6th September



Festival Celebration

Independence Day, Ganesh Chaturthi and Moharram were celebrated together on 28th August '20. Children had to make drawings or write an essay for the competition.



Winners of drawing competition in Junior category were:

- 1st- Harris Metar
- 2nd- Grishma Patel

Winners of drawing competition in Senior category were:

- 1st- Isheika Dedhia
- 2nd- Nouman Shaikh
- 3rd- Kavya Jain

Winners of essay writing competition in Junior category were:

- 1st- Neil Shah
- 2nd- Hanzala Memon
- 3rd- Mohd. Sakarwala

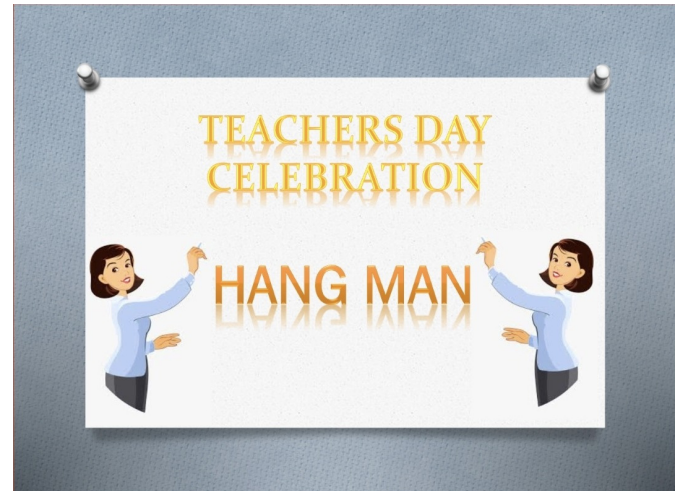
Winners of essay writing competition in Senior category were:

- 1st- Ridhima Joshi
- 2nd- Sidhiksha Agarwal
- 3rd- Mokshit Kanungo

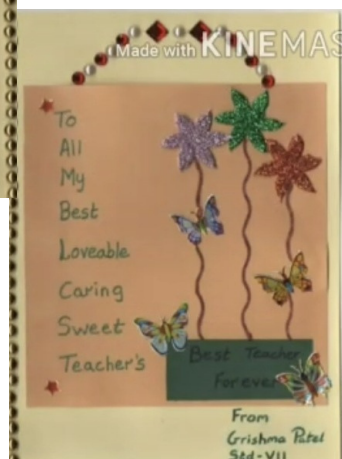
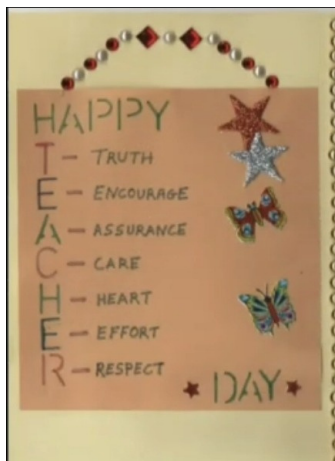


Teacher's Day

Virtual Teacher's Day celebration on 4th September '20. Students of Std 10 performed welcome dance followed by fun group games and video montage as token of appreciation on behalf of entire school.



Winners of group game were Ms. Vaishnavi Sashital, Ms. Asma Mansuri and Mr Vishal Mane

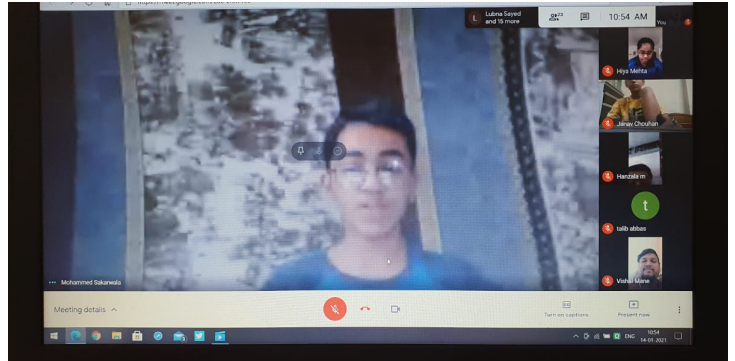


Hindi Elocution

Hindi Elocution was held on 14th September '20 to celebrate Hindi Divas. Students from Junior and Senior Category took part in Hindi Elocution.

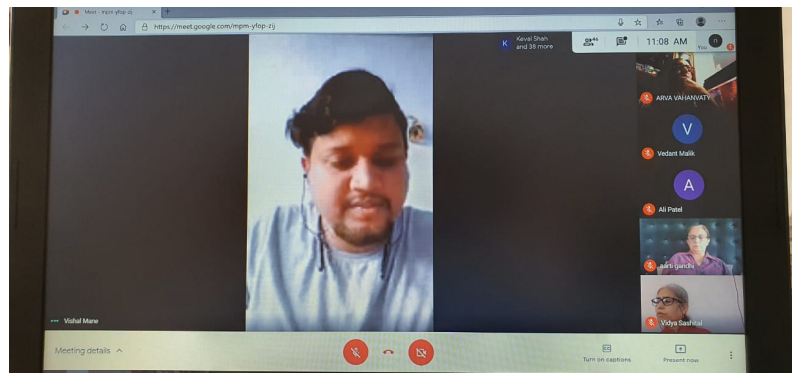
Winners in the Junior Category were:

- 1st- Mohammed Sakarwala
- 2nd- Neil Shah
- 3rd- Kavya Jain
- Consolation- Kausar Dehgamwala



Winners in the Senior Category were:

- 1st- Dhruv Bedsa
- 2nd- Zikra Qureshi
- 3rd- Ridhima Joshi
- Consolation- Vansh Porwal & Isheika Dedhia



Diwali Celebration

Diwali festival celebration was held on 6th November '20. Students from Senior category had to make rangoli or lantern and students from Junior category had to make a Diwali greeting card for the competition.



Winners of rangoli making competition in Senior category were:
1st- Maitrey Shinde
2nd- Chirag Khubchandani
3rd- Kaavya Jain

Winners of lantern making competition in Senior category were:
1st- Daksh Chauhan
2nd- Ibrahim Nasikwala
3rd- Moksh Bafna



Winners of card making competition in Junior category were:
1st- Mohammed Sakarwala
2nd- Hiya Mehta
3rd- Grishma Patel



Christmas Celebration

Christmas was celebrated on 22nd December '20. To celebrate the true spirit of Christmas, students performed a play on birth of Jesus Christ followed by Carols sung by Ms. Simran Dhivar and Mr. Rohit Dhivar. Students had to make a greeting card or decorate a cake for the competition.

Winners of card making competition in Junior category were:

- 1st- Mohammed Sakarwala
- 2nd- Janav Chauhan
- 3rd- Neil Shah



Winners of card making competition in Senior category were:

- 1st- Ibrahim Nasikwala
- 2nd- Ishang Gatte
- 3rd- Chirag Khubchandani



Winners of cake decoration competition in Junior category were:

- 1st- Ali Bagasrawala
- 2nd- Zahra Sayed



Winners of cake decoration competition in Senior category were:

- 1st- Shreyas Kharpude
- 2nd- Sidhiksha Aggrwal
- 3rd- Isheika Dhedia



Dairy Visit

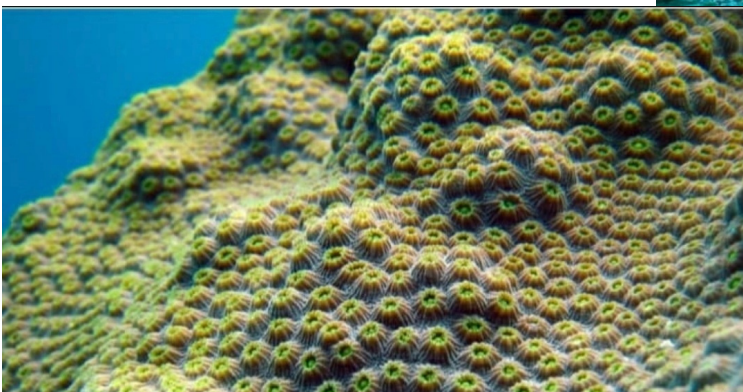
Virtual visit to Banas Dairy was organized for students of Std 10 as a part of Milk and Milk products subject.



Glimpses of Underwater World

A session was organized for students to learn and explore the depths of oceans and seas through the lens of Marine Biologist Mr. Abhishek Jamalabad on 6th January '21.

Coral Reefs



Angaria Bank



English Elocution

Inter-house English Elocution for the Juniors category was held on 14th January '21 and for the Seniors category was held on 15th January '21

Winners in the Juniors category were:

Equus House-

1st- Neil Shah

2nd- Grishma Patel

Pumas House-

1st- Musbah Latif

2nd- Zahra Sayed

Dolphins House-

1st- Mohammed Sakarwala

2nd- Hiya Mehta

Eagles-

1st- Ali Bagasrawala

2nd- Sahil Mayekar

Overall Best Speaker- Musbah Latif



Winners in the Seniors category were:

Equus House-

1st- Ali Patel; Shreyas Kharpude

2nd- Aarshi Bhansali

Pumas House-

1st- Sakina Mithaiwala

2nd- Sadaf Tharadra

Dolphins House-

1st- Yazad Mogrelia

2nd- Vansh Porwal

Eagles-

1st- Dhruv Bedsa

2nd- Minoy Shah

Overall Best Speaker- Dhruv Bedsa

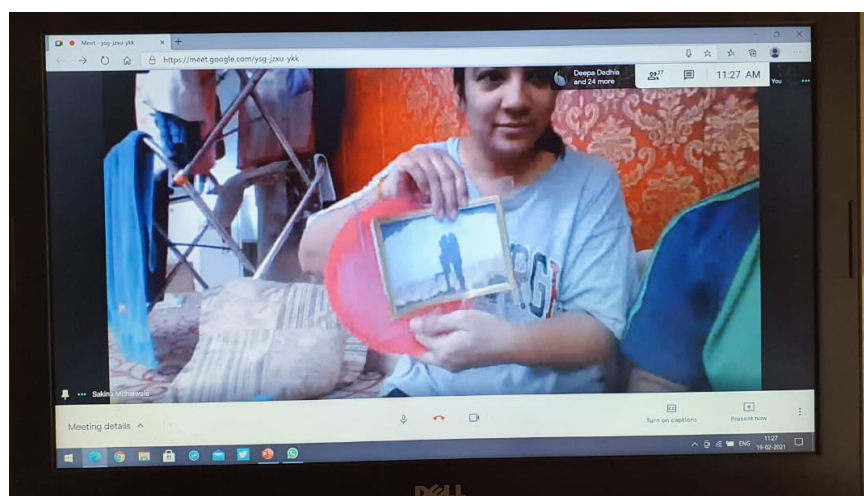


Sports Day

NLFP conducted its Sports Day virtually on Friday, 19th February, 2021. The Sports Day began with the school prayer, the school song and the oath taking led by Assisting Captain of the Pumas House Mokshit Kanungo. The first event of the day was the 1 km race. The students downloaded the Nike Run Club app, ran in their home, building or their vicinity holding their mobile phone as it recorded the run on the app and later sent a screenshot of the run to their respective teacher.

The other events conducted during the day were juggle the ball on the bat, squat with book on the head, hit the ball against the wall and catch. All the students joined their virtual classrooms and the allotted teachers recorded the counts for each of the events.

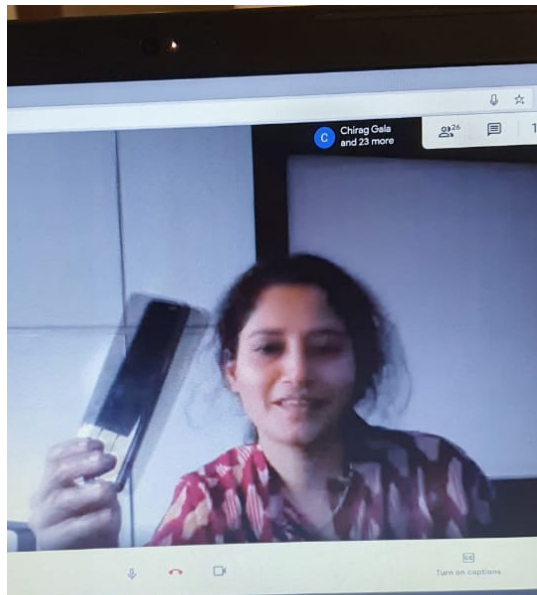
The last event for students was a quiz on sports exclusively for students of Std 10. A keen contest ensued between the four houses, Equus, Pumas, Dolphins and Eagles. At the end, the scores of the three houses Equus, Dolphins and Eagles were tied for the second and third positions, with Pumas being the clear winners taking the first place. Two additional rounds had to be played as tie-breakers in which Eagles bagged the second position and Dolphins the third position.



An event was also organised for the staff members and parents. All the staff members enthusiastically participated in the event and some parents too as the students cheered for both of them.

Vansh Porwal of the Dolphins House was adjudged the Best Overall Sports Boy and Equus House the Best Overall House for the year 20-21, for the fourth time in succession.

Until the previous day, the students had reservations about taking part in a sports competition conducted virtually. But as the sports day came to a close with the finale event being the quiz competition, the rivalry among the houses was reflected by the enthusiasm in their voices and the smiles on their faces. One had only to see it to believe all of this. As the students were asked to disperse, one could sense a feeling, “YEH DIL MAANGE MORE’.

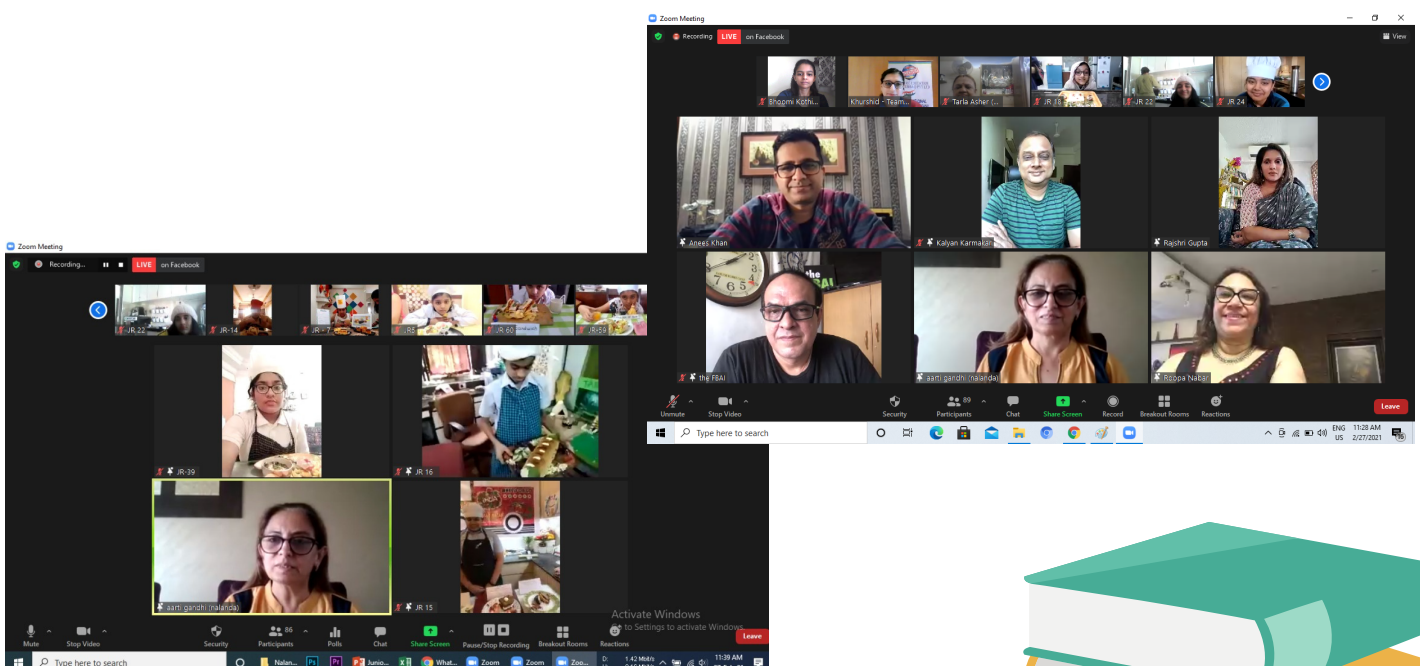


Inter-school Ace Chef Competition

The Nalanda Learning and Facilitation Program proudly held its eighth season of Ace Chef inter school competition (online) on Saturday, 27th February 2021, virtual events being the new normal . This unique cooking competition was held online in association with Adventure Holidays, where the students showcased their culinary skills working individually at their homes. The zest and enthusiasm shown by the participants was unbelievable. They displayed remarkable skills in innovating the recipes, sourcing the ingredients and presenting the final dishes. The program was presided by Mr. Sameer Malkani, President FBAI(Food Bloggers Association of India). Hundred students from over twenty four schools across Mumbai participated in this competition.

Judges for the junior teams were Chef Ananya Banerjee, Chef Raji Gupta, Chef Roopa Nabar, Chef Kalyan Kamarkar and Chef Anees Khan. The judges for senior teams were Chef Varun Inamdar, Chef Karan Bane, Chef Seefah Ketchaiyo, Chef Rushina Munshaw Ghildiyal and Ms Saloni Malkani.

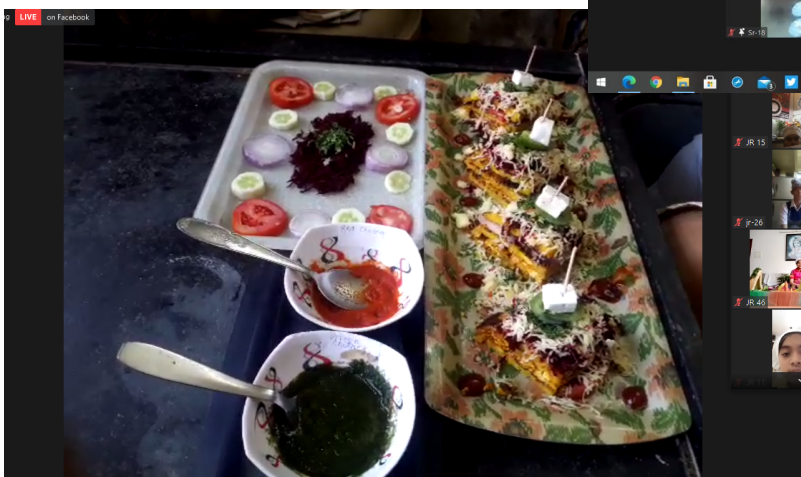
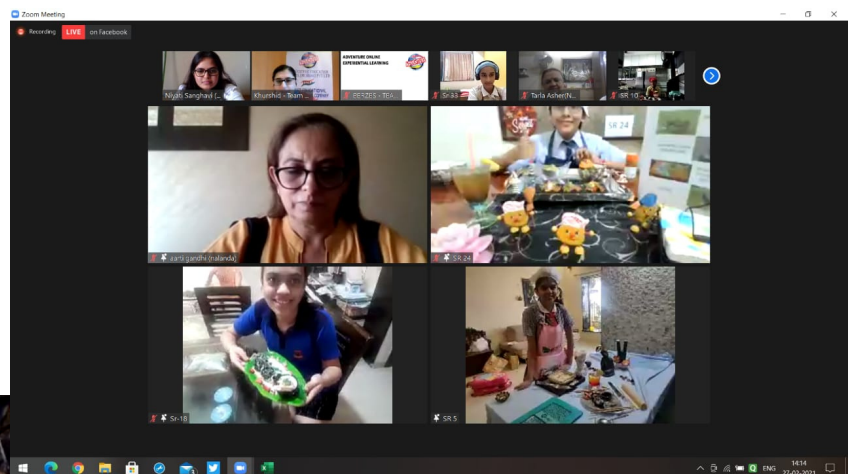
Participants in the junior category made salads and sandwiches, while the seniors made starters and desserts.



Winners in the junior category were, 1st position -Peri-Peri Paneer Onigirazu, Shahi Fruit Sando and Matcha Chai Latte by Mehr Chachra from G D Somani Memorial School, 2nd position-Garden Fresh Delight (open sandwich) and Exotic Jungle Jumbo Sandwich by Vedant Jhaveri from G D Somani School and 3rd position- Mediterranean Salad Havisha by Dinesh Bajaj from Greenlawns high school, Warden Rd.

Winners of the senior category were, 1st position Vegan Dynamite Sushi, Vegan Banoffee Pie Trifle and Sunrise Mocktail by Namaha Kangutkar from Greenlawns worli, 2nd position- Choco Jalebi with Strawberry Cream by Kashvi Balar from Maneckji cooper education trust school, Mumbai and 3rd position- Indiana Mexicana Delicadeza, Avocado Salsa Curd Delight, Bejewelled Puffed Rice Special and Le-Mi-Gin by YASHAS DASSANI from G.D. Somani Memorial School.

The winners were awarded with certificates, Trophies and gift hampers. The gift hampers were sponsored by Rootz & Co, Plattered, Kalon's and Jindal Cocoa. The trophies were sponsored by Rotaract Club of Mumbai Malabar Hill.



INTACH Filmit India Festival

Students of Std 8 had prepared short films for INTACH Filmit project. Hiya Mehta and Janav Chauhan won the prize for the Best Storyline for their film "Religious Practices of Jains". Film made by Mohammed Sakarwala on "A Virtual Tour of Taj Mahal" was uploaded on official Filmit website.



Aptitude Test and Career Talk

Online Aptitude test was conducted for the students of Std 10 by Ms. Umme Salma Babrawala on 5th April '21, followed by Career Talk on 6th April '21. Detailed career counseling sessions were held for students and parents on 8th April '21.



Farewell

The Nalanda Learning and Facilitation Program hosted an online farewell party to the students of standard ten (SSC & NIOS) on Friday, 9th April 2021, virtual events being the new normal.

This unique Farewell Party was held online in association with Adventure Holidays, where they experienced the fun and excitement from the safety of their homes. The zest and enthusiasm shown by the students was contagious.

The theme of this party was Farewell, Bollywood Style. True to its theme, the teachers of NLFP had organised games like Selfie Hunt, Antakshari and a Fashion Show.

The highlight of the whole event was the fashion show where the students dressed in their best attire did a ramp walk. They were judged based on their dressing, confidence and their answers to the questions asked by the judges. The two best students were judged Ms Nalanda and Mr Nalanda, - Ms Aarshi Bhansali and Mast Dhruv Bedsa respectively.



FASHION SHOW

 Mr. NALANDA Mr. Dhruv Bedsa	 Ms. NALANDA Ms. Aarshi Bansali
---	--

RUNNER UP- Boys

- Tanveer Shah
- Yazad Mogrelia

RUNNER UP- Girls

- Azra Jiwani
- Sakina Mithaiwala

INVITATION
LIGHTS, CAMERA, ACTION
FAREWELL BOLLYWOOD STYLE
NALANDA LEARNING FACILITATION PROGRAMME
09th APRIL, 2021 Friday at 03.30 PM
Meeting ID: 861 9634 7653 Passcode: party



Mr Astad of Adventure Holidays Compered the show along with the teachers of NLFP.

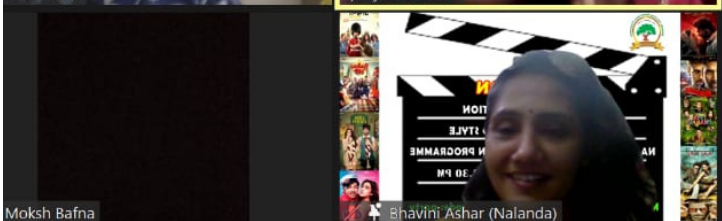
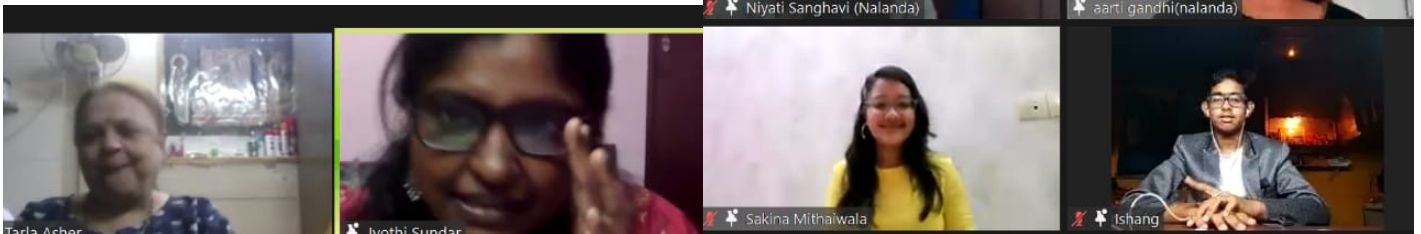
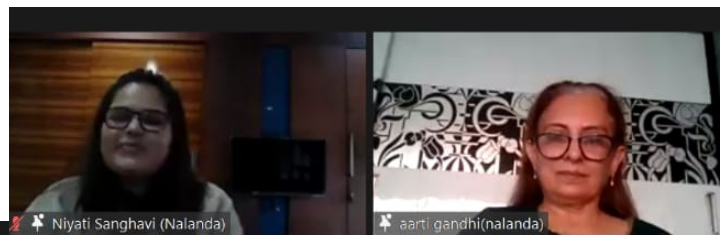
Many students expressed their gratitude towards NLFP, and according to some it was a life changing experience to be a part of NLFP. Mrs Aarti Gandhi thanked Adventure Holidays and its team for giving such a fantabulous experience. She also congratulated and thanked the entire staff of NLFP for organising such an exciting, fun filled event.

The programme ended with dance and music.




Selfie Hunt Game Winners

Position	Names of Student
1 st	Ibrahim Ismail
2 nd	Daksh chauhan
3 rd	Aarshi Bansali
1) Consolation	Chirag Khubchandani
2) Consolation	Dhruv Bedsa



Events attended by Director


Ma'am, Mr. Talib Jafri and students attended Charter Installation of The Interact Club of Nalanda Foundation on 6th September '20.



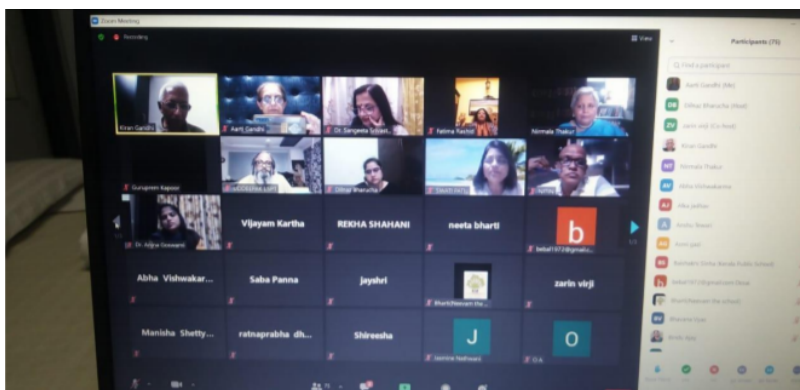
Rotary Club & Rotaract Club of
Mumbai Malabar Hill
Invites you to the
Charter Installation of
The Interact Club of Nalanda Foundation School
Installation of President Itr.Sakina Mithaiwala &
her Board of Directors
Chief Guest: Rtn. Dr Arun Garg (Youth Service Head,
Rotary District 3141
Guest of Honors :
Rtn. Dr. Shobna Bhatia- President Rotary Club
Aarti Gandhi- Principal Nalanda Foundation School
IPP Rtn Punit Vakil - Youth Service Director

Date : **06th September,2020** | Time **2:00 PM Onwards** |
Venue : **Zoom**

RSVP : Rtr Darshil Kanungo
+91 96191 91780



Ma'am attended ETST webinar on 'Compassionate leadership' on 16th October '20.



Ma'am attended ETST webinar on 'Respect for Diversity' on 20th November '20.





Director attended ETST web series 'Empathetic service to society' on 18th December '20

Ma'am attended Exemplary Achievement Award ceremony for National level quiz on 19th December '20.



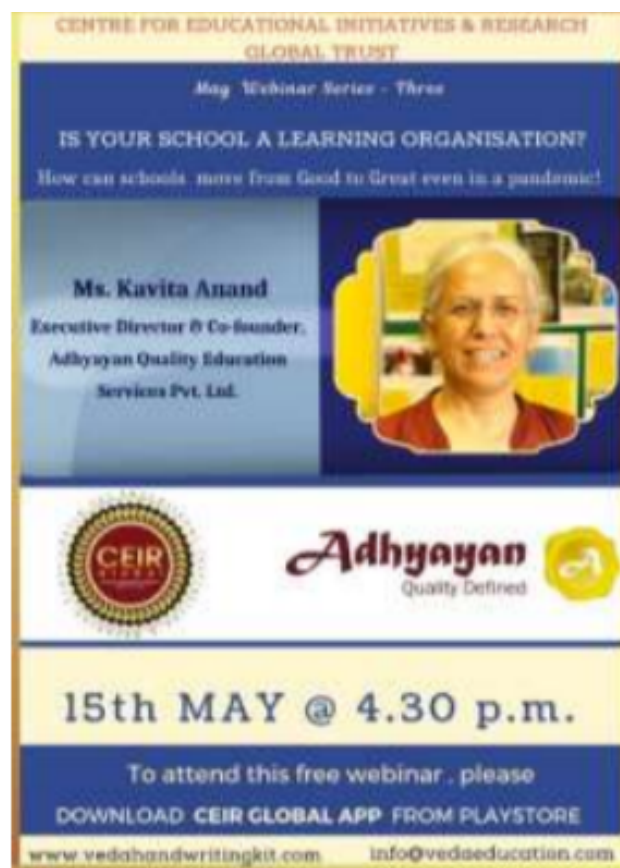
APER (Association for primary education and research) Award was presented to Ms. Aarti Gandhi for contribution towards inclusion in primary years education.





Director attended a talk on 'Student profile building beyond academics' in association with Pragnya Bodhini High School & IDF on 1st May '21

Director attended a webinar series introspecting on 'Is your school a learning organization?', by Adhyayan Quality Education on 15th May '21



Events attended by staff



A WEBINAR SERIES ON BEING AN EXTRAORDINARY TEACHER:

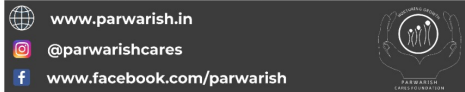
LANGUAGES

June 16th, 18th, 20th

11AM TO 1PM

₹999 ONLY: 3 SESSIONS

CONTACT: +91 88514 64309/ +91 99999 02838



Ms. Arva Vahanvaty attended a webinar for teachers on Languages held by Parwarish online on 16th, 18th & 20th June '20

Ms. Vaishnavi Shashital attended a webinar for teachers on Social Science held by Parwarish online on 23rd, 25th & 27th June '20



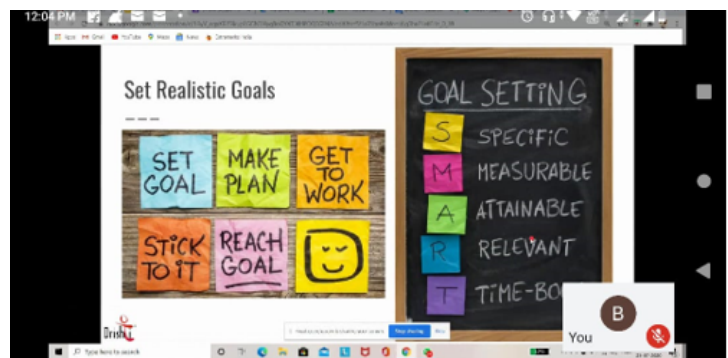
Ms. Roshan Irani attended a webinar on make video games therapeutic, held by 'Aashish Foundation' on 26th & 27th June '20.





Ms. Niyati Sanghavi attended Drishti webinar for roles and responsibilities of a school counsellor on 1st July '20.

Ms. Bhavini Ashar attended Stress Management talk organized by Drishti on 25th July '20.

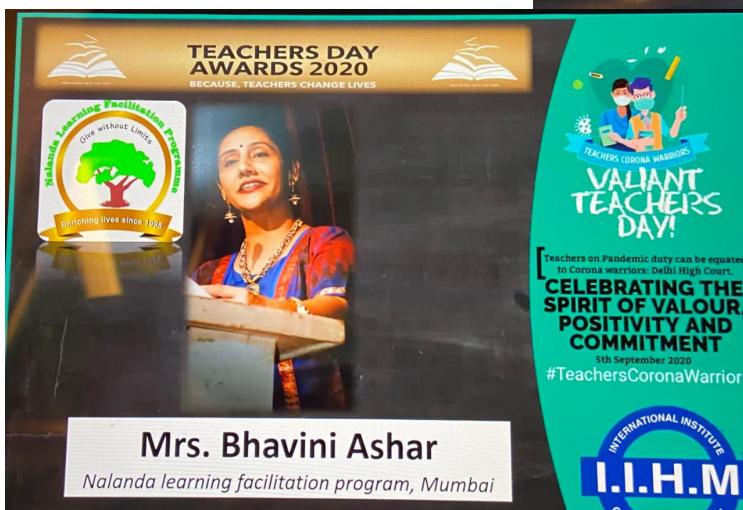


Ms. Roshan Irani participated in the applied behavioural analysis virtual certificate course in special education from 7 th to 9 th September '20.





Ms. Arva Vahanvaty
Nalanda learning facilitation program, Mumbai



Mrs. Bhavini Ashar
Nalanda learning facilitation program, Mumbai

Ms Arva Vahanvaty and Ms Bhavini Ashar were presented with Teachers Day Award on 11th September '20 by International Institute of Hotel Management.



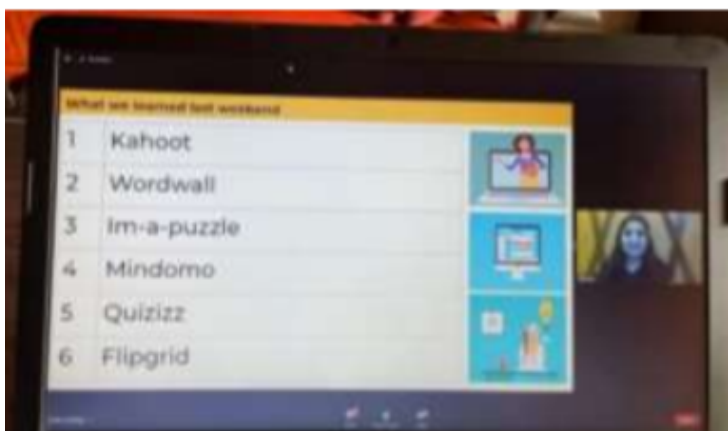
Ms. Nadira Namavati attended Therapeutic Art life coach course on 24th September '20.





Ms. Bhavini Ashar attended a webinar on Decoding dyslexia: Psychoeducational assessment & classroom management held by Drishti on 7th October '20.

Ms. Bhavini Ashar participated in the workshop 'Interventions for learning disability: Role of Special Education, Teachers and Psychologists by Drishti on 10th October '20.



Ms. Nadira Namavati attended 'Digital tool learning program' held by AGA Khan Economic planning board- 22nd , 23rd, 29th, 30th May & 5th, 6th June '21.



Students' Artwork



Mohammed Sakarwala
VIII



Students' Articles

मेरी पाठशाला

मेरी पाठशाला का नाम नालंदा स्कूल है। मेरे स्कूल का समय सुबह ७:३० से दोपहर १:३० बजे तक है। मेरा स्कूल ६ से १० वी कक्षा तक है।

मेरे स्कूल में प्रिंसिपल ऑफिस, लाइब्रेरी, कंप्यूटर रूम, एक लम्बी लॉबी, टीचर रूम, ग्राउंड आदि है।

मेरी स्कूल की अध्यापिका बहुत ही आदरनीय है। वह हमें स्कूल अनुशासन का पालन करना सिखाती है।

मेरी क्लास टीचर बहुत दयालू है। वे हमें बहुत ही आकर्षिक तरीके से विषयों को सिखाती है।

मुझे रोज़ाना स्कूल जाना पसंद है। लेकिन इन लम्बे लॉकडाउन के कारण मैं अपनी स्कूल, क्लासरूम, टीचर, दोस्त, खेलकूद आदि की कमी मेहसूस कर रही हूँ।

मैं चाहती हूँ कि सब ठीक हो जाए और फिरसे हम सब साथ हो।

॥ धन्यवाद ॥



Grishma Patel

VII



THE GAME CHANGER

I joined Nalanda in 6th Std. After joining Nalanda I got first opportunity to explore myself. For the first time I participated in an Annual Day Dance. That was the kick of my achievements. After that at all the competition I have always won first or second place. That gave me a lot of confidence and be friendly in the society. All thanks to my parents, teachers and sirs.

I have also improved in the Academics. I have stood first in 6th and 7th std, hope to stand first in 8th std too. Even if I don't come 1st, I have the potential to do well in everything and become an all rounder.

This year I got the opportunity to be a part of INTACH, in which I had to make video on Taj Mahal, which will be seen world-wide. It helped me to enhance my technical skills.

Through these experiences Nalanda Learning Facilitation Programme has been the game changer of my life.

Thank You.

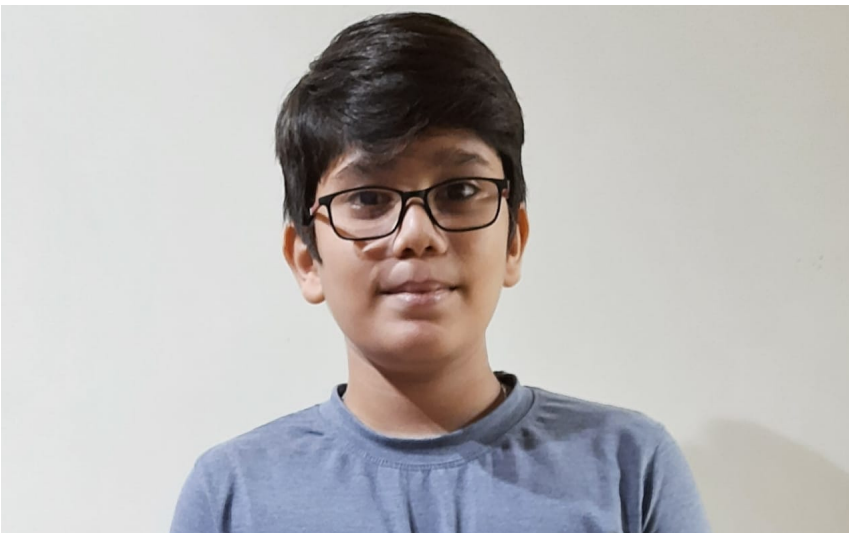


Mohammed Sakarwala
VIII



Article on Covid-19

Covid-19 is also known as the corona virus disease. It is an infectious disease. People who get infected by deadly virus suffer from mild to moderate respiratory discomfort which can be treated at home without much special treatment. Older people having multiple health issues like diabetes, heart problem, cancer and any major issues have to take more precaution and there is a possibility of them getting more seriously infected. It's our responsibility to be well informed about the virus and how to take accurate precaution. We should protect ourselves and others from getting infected by maintaining social distancing, washing hands after regular intervals, and wearing a mask when in public. A good alcohol based hand sanitizer, should be carried at all times with you. Covid-19 virus spreads through droplets of saliva and discharge from the nose. If an infected person coughs or sneezes he should do so by using a tissue or a handkerchief.



Ali Bagasrawala
VIII



Words Have Power

So many words,
Infinite meanings ,
But do you know
That words have power.
Power to love,
Power to break,
Power to hurt,
Power to praise,
Power to uplift;
One word can make or break you.
Bring you joy or anguish deep
enough
To haunt you for ages.

Words have a lot of power,
Think before you use them.
You you never know when
accidentally
You used the wrong word,
And created misunderstandings.

One word can start a war
One word can hurt a soul
One word may heal the world.
Words contain a strong message in
them.
One word can make you feel void
One word can make you feel loved.

The tongue has no bones –
But it surely has a lot
Of impact on our lives.
One word might cause problems,
one word might solve it?
One word may bridge
communication gap,
Lack of words may widen them.
Words have a lot of power ;
Learn to use them correctly.



Ridhima Joshi
X C

Trust

Trust is a dime laying on the road;
You walk over & around it,
Without a look behind.
And those who pick it up,
Do so for their own reasons :
Either to eat or give away.



Teachers Articles

राम युग में दूध मिले,
और कृष्ण युग में घी;
कोरोना युग में काढा मिले,
डिस्टेंस बना कर पी!

जब दुनियाँ लेके बैठी है,
बड़े-बड़े परमाणु;
पर ठोक गया उसे एक,
छोटा सा विषाणु!

कल रात सपने में
आया कोरोना;
उसे देख जो मैं डरा 😞
और शुरू किया रोना;
तो, मुस्कुरा 😊 के
वह बोला;

"मुझसे डरो मत,
कितनी अच्छी है
तुम्हारी संस्कृति;

न चूमते, न गले लगाते;
दोनों हाथ जोड़कर,
तुम राम राम करते;
वही करो ना,
मुझसे क्यों डरते ?

कहाँ से सीखा तुमने,
रूम स्प्रे, बॉडी स्प्रे;
पहले तो तुम धूप, दीप,
कपूर, अगरबत्ती जलाते;
वही करो ना,
मुझसे बिल्कुल डरो ना!

शुरू से तुम्हें
सिखाया गया,
अच्छे से हाथ पैर
धोकर घर में घुसो;
मत भूलो,
अपनी संस्कृति;
वही करो ना,
मुझसे बिल्कुल डरो ना!

सादा भोजन,
उंच विचार,
यही तो हैं
तेरे संस्कार;

उन्हें छोड़,
जंक फूड,
फ़ास्ट फूड के
चक्कर में पड़ो ना;
मुझसे बिल्कुल डरो ना!

शुरू से ही
पशु-पक्षियों को,
पाला-पोसा, प्यार दिया;
रक्षण की है,
तुम्हारी संस्कृति;
उनका भक्षण करो ना,
मुझसे ज़रा भी डरो ना!

कल रात सपने में,
आया कोरोना;
बोला;
अपनी संस्कृति का ही
पालन करो ना,
मुझसे जरा भी डरो ना!"



हास्य व्यंग~*कोरोना किटी पार्टी

घर में बैठे बैठे महिलाएं, हो रहीं थीं बोर।
ना किसी से मिलना जुलना, ना चुगली और शोर।

कोरोना का संकट दिन प्रतिदिन बढ़ता जा रहा था।
आखिर क्या किया जाय, कुछ समझ नहीं आ रहा था।

कुछ सहेलियों ने मन बहलाने को हिम्मत जुटाई।
कोरोना स्पेशल किटी पार्टी की योजना बनाई।

घर में घुसते ही सभी लेडीज को सेनिटाइज कराया गया।
वेलकम ड्रिंक में तुलसी, गिलोय, दालचीनी का काढ़ा पिलाया गया।

कमरे को मास्क और ग्लव्स से सजाया गया था।
कोना - कोना सैनिटाइज कराया गया था।

सोशल डिस टेंसिंग के नियम को भी प्रयोग में लाया गया।
सभी लेडीज को दो दो फिट की दूरी पर बैठाया गया।

पंट्यूलिटी गेम में सभी से योग और आसन करवाए।
स्टार्टर में करेले के जूस के संग स्प्राउड्स खिलवाए।

Written game में कोराना से बचने के तरीके लिखवाए गए।
जीतने वाली लेडीज को N 95 मास्क पहनाए गए।

मेन कोर्स में मूंग की दाल और दलिया खिलाया गया।
स्वीट डिश के टाइम पर सबको शहद चटाया गया।

चलते समय सभी ने हल्दी वाला गर्म दूध पिया।
सोना चांदी च्यवनप्राश का डिब्बा रिटर्न गिफ्ट में दिया।

सभी ने मिलकर किटी पार्टी की, हंसी खुशी के संग।
हम भी कुछ यूं ही जीतेंगे, कोरोना से जंग।

रहिमन वैक्सीन ढूंढिए,
बिन वैक्सीन सब सून,
वैक्सीन बिना ही बीत गए,
अप्रैल मई और जून...

😊☐😊☐

कबीर वैक्सीन ढुंढ लिया
धीरज धरो तनिक तुम !
ट्रायल फायनल चल रहा ,
वैक्सीन कमिंग सून !!



मायके क्योँ आती हैँ बेटियाँ ?

“बेटियाँ कुछ लेने नहीं आती हैँ मायके”

..बेटियाँ..

.. मायके आती हैँ..

..अपनी जड़ों को सींचने के लिए..

..तलाशने आती हैँ भाई की खुशियाँ..

..वे ढूँढने आती हैँ अपना सलोना बचपन..

..वे रखने आती हैँ..

..आँगन में स्नेह का दीपक..

..बेटियाँ कुछ लेने नहीं आती हैँ मायके..

..बेटियाँ..

..ताबीज बांधने आती हैँ दरवाजे पर..

..कि नज़र से बचा रहे घर..

..वे नहाने आती हैँ ममता की निर्झरनी में..

..देने आती हैँ अपने भीतर से थोड़ा-थोड़ा सबको..

..बेटियाँ कुछ लेने नहीं आती हैँ मायके..

..बेटियाँ..

..जब भी लौटती हैँ ससुराल..

..बहुत सारा वहीं छोड़ जाती हैँ..

..तैरती रह जाती हैँ..

..घर भर की नम आँखों में..

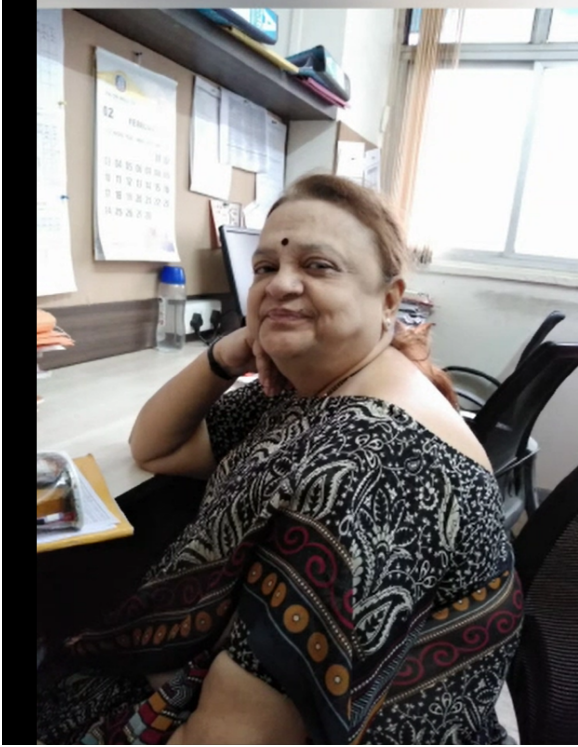
..उनकी प्यारी मुस्कान..

..जब भी आती हैँ वे, लुटाने ही आती हैँ अपना वैभव..

..बेटियाँ कुछ लेने नहीं आती हैँ मायके.....



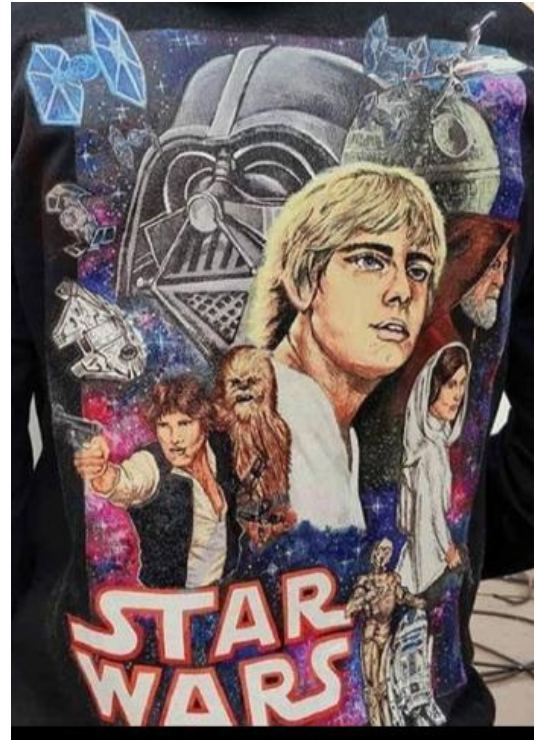
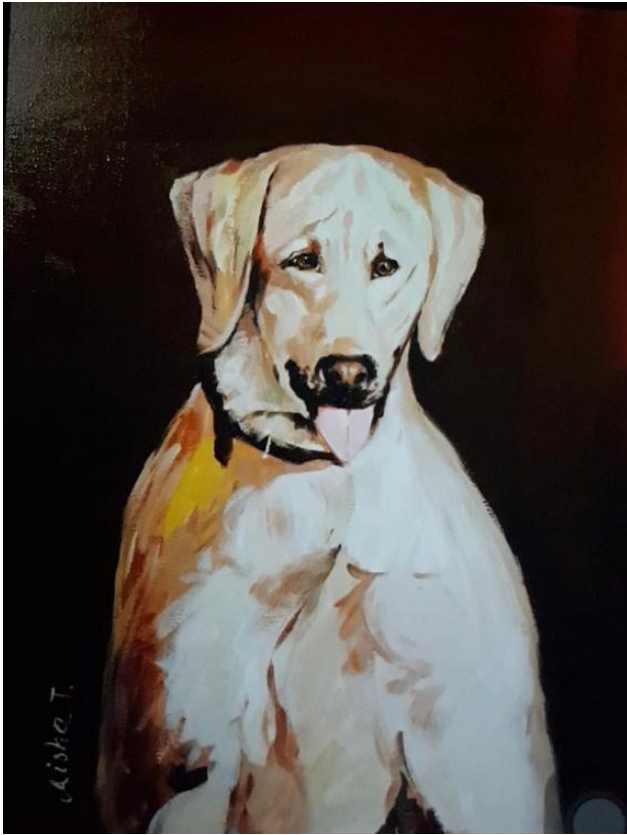
बहुत "चंचल" बहुत
"खुशनुमा " सी होती है "बेटिया".
"नाजुक" सा "दिल" रखती है "मासूम" सी होती है "बेटिया".
"बात" बात पर रोती है
"नादान" सी होती है "बेटिया".
खुशी से "भरपूर"
भगवान का आशीर्वाद है "बेटिया".
"घर" महक उठता है
जब "मुस्कराती" हैं "बेटिया".
"अजीब" सी "तकलीफ" होती है
जब "दूसरे" घर जाती है "बेटियां".
"घर" लगता है सूना सूना "कितना" रुला के "जाती" है "बेटियां"
"खुशी" की "झलक"
"बाबुल" की "लाइली" होती है "बेटियां"
ये "हम" नहीं "कहते"
यह तो भगवान कहता है. . कि जब मैं बहुत खुश होता हु तो "जनम" लेती है
"प्यारी सी बेटियां"



Ms. Tarla Asher
Hindi Teacher



Ex-students' Articles



Aisha Tharadra
2010



A good women's reflection

One you should treasure, but not as a possession,
Who needs to be loved, not treated with aggression.
Her value is more than all the world's treasures,
Not just the sum of scale's unit measures.
She should always be built up, not torn down,
By all the words you speak, when she is around.
She needs to be hugged and not pushed away,
Especially when you are both having a really bad day.
Words spoken to her in haste and anger
Can place her fragile heart in danger.
She should be admired for her boundless love,
And looked upon as a true gift from Above.
Not used as a target for all your frustration,
But held close and kissed with loving admiration.
You should always appreciate her commitment to you,
And not take for granted what she's given up for you!
Kiss her and love her all that you possibly can,
And don't be embarrassed to be seen holding her hand.
Treasure each day as if it were the last,
And at the end of your life you won't be regretting your past.



Fatema Electricwala
2014-2016



THE POWER OF BEING ALONE

As we all know, 2020 has been an unusual year for all of us. We all came across to a situation which none of us has encountered in our lives. As Mumbai is also known as 'The City Of Dreams' and 'The City That Never Sleeps'. Our daily life used to consists of working constantly, regardless of our health. When pandemic time occurred, all of us found it extremely hard to stay indoors and mostly suffered from unemployment. You know in life there are no coincidences, only synchronicity exists. Each and everything which occurs in this universe, has its meaning. We all learnt the value of ourselves, understanding opposite side's perspective, value of love and caring for each other. My condolences goes to all the people who lost their loved one(s), in this hard time, I know its hard to understand or even impossible to feel someone else's pain and burden. But I would just say, "Hang in there buddy! There's always light ahead of the tunnel". There are things we might not be able to control but they can be managed, just like in order to achieve success, we must work hard. Similarly, during this hard time we all discovered ourselves, our worth, our value, our time and most importantly our passion. Its said, "Life's nothing without passion". Before pandemic we all lived to make money, to eat, to work and to run our errands or home chores. But when it all happened, we all had to stay indoors and spend time with ourselves and most of us enjoyed our "Me Time" or "Family Time". But this hard time, somehow made us realise that all of us were so busy to fulfil our duties, that we even forgot to smile or truly laugh. We all realised that there's nothing more important than ourselves or who we truly are. So, Love Yourself the most, if you truly want to find happiness in your this one and only precious life.

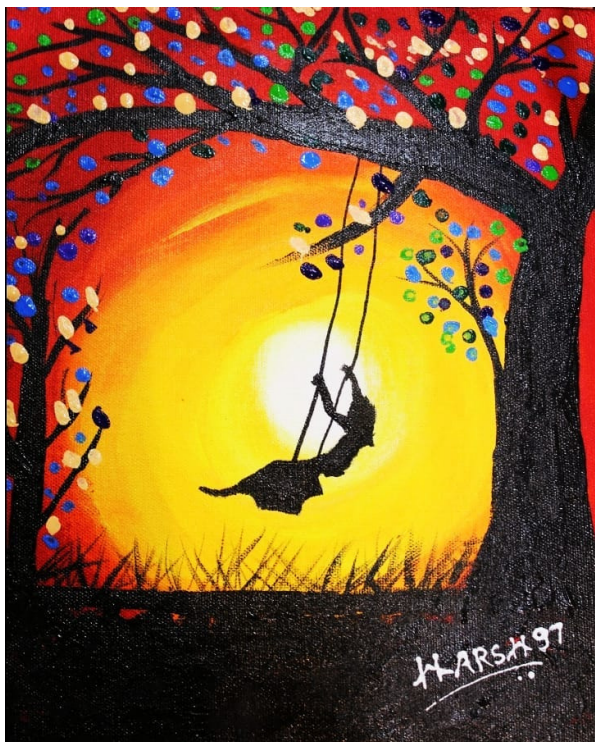






Khushi Kapoor
2018-2019





Harsh Gada
2019-2020



Articles by Professionals

Over the years I have had the pleasure to interact with the staff and students of the school and I am fascinated by the fantastic work that they are doing. Even during the pandemic, I am sure that they have been attending to the needs of their students in an online and doing a great job there. I always wish the school well and am sure that they shall continue to do a great job in the years to come. I am with the school all the way and wish them all the best always.

Regards

Dr. Avinash De Sousa

Consultant Psychiatrist

Founder Trustee – Desousa Foundation



When the invisible struck the world!

It was Dec 2019 when a tiny, invisible virus gripped the city of Wuhan, It was far away from us we assumed, so it could do us no harm.

We saw the misery, scare, chaos and heard people dying due to this Virus, Little did we expect, how quickly and suddenly it was everywhere around us.

The world was under lockdown that's what the news said,
You better stay home or else you could fall ill or even be dead!



It was something that we never had witnessed before ...
Schools, colleges, businesses and offices had all shifted indoor.

How this pandemic has flipped our lives over ... each one has a story to tell-

Doctor's, businessmen, professionals, home makers, the young and old in each house that dwell.

All were locked at home; Everything came to a stand still,
But our Doctors and the healthcare were the brave soldiers of this battle...

Many came together and volunteered in these crucial times of need...
Whilst others took advantage and fulfilled their personal greed !

In no time, many lost their loved ones; others left with no income,
Still others took a helpless journey back home that was crowded and tiresome.

How quickly times can change in this transient world we saw last year,
We need not take this life for granted and should often thank the Almighty,
our saviour.

Indeed we should be grateful for food, clothing, shelter and oxygen !
These basics are what we need to save ourselves and our kit and kin.

Last year we pondered over how many frivolous luxuries we adore?
Living simple and avoiding wastage is what we learnt in our daily chore

We hope and wish for this pandemic to end very soon,
And back to normalcy our lives should quickly resume.

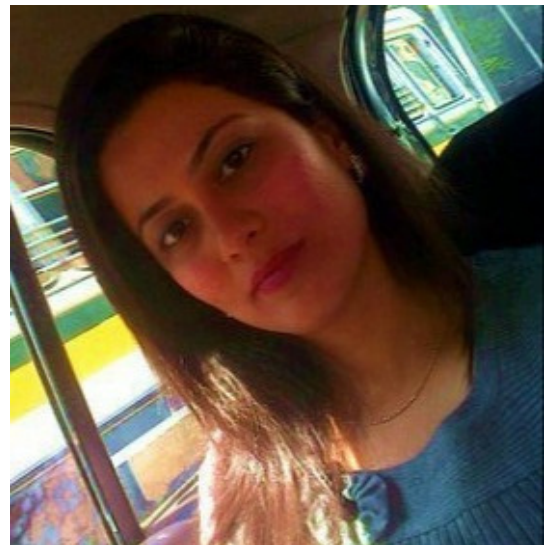


What is lost in this journey is a lesson from Nature to the entire human race.
To slow down, show kindness, be humble and live with grace.

To wake up each morning and cherish each new day,
Without complaining about petty things; happy we should stay!

We displayed true spirit of strength in every setback, every fall,
Though struck hard, united we shall stand back tall!

Zainab Saria -Dhorajiwala



SSC Board details

The Nalanda Foundation facilitates the SSC with LD concessions for students with an LD certificate to appear for their SSC exams as private students.

Q1. What is the eligibility for appearing 10th std. Board Exams under SSC with LD concessions?

Following are the criteria. The child should fulfil all of them:

- Should be at least 14 years of age on or before 30th June.
- Compulsory V std. pass
- LD Certificate from a government recognized centre like NAIR, SION or KEM Hospitals
- If joining in Std X School Leaving Certificate to be dated on or before 30th June.

Q2. What are the subjects available under the SSC-LD?

- Compulsory Subjects: English and Social Studies.
- Concessional Subjects: Articles of Waste, Drawing and Painting, VII Math (Arithmetic), Milk and Milk Products and Home Science and Physiology Health and Hygiene.
- Optional Subjects: Science and Technology, Maths I(Algebra) -Maths II(Geometry), Hindi and Marathi
- Graded Subjects: Art Appreciation and Self-Development, Defence Studies and Physical and Health Education (these subjects are expected to change this year).
- The students also have to submit journals and graded books by end of November so they can be sent to the centre for signatures.

Q3. What is required for the registration?

The following documents are required for the registration:

- School Leaving Certificate (original and Xerox) which proves the child is V std. pass
- LD Certificate (original and Xerox)
- A Xerox copy of Aadhar Card.
- 5 recent passport size photographs.
- A medical form needs to be filled and signed by the hospital issuing the LD certificate
- Rs. 2000/- to be paid for the registration and examination fee

A 10-day workshop is conducted by the centre during the month of October/November the attendance for which is compulsory. We conduct one preliminary examination in school in the month of January, so as to prepare them for their board exams.

We are very pleased to tell that our seven years of journey with SSC exams has been very fruitful and our students have done well. They have passed and gone to some of the prestigious colleges of Mumbai. We hope to continue this trend with the goodwill and cooperation of the parents and students.

NOTE :- The above can change as per SSC board rules and regulations.

NIOS Board details

No.	NIOS secondary (X)Details (As per the prospectus- 2021-2022)			
1.	Subjects offered at NLFP (Students can opt any 6 subjects, Best 5 is considered for passing by the board.)	1) English (compulsory) , code-202 2) Data Entry Operation, code -229 (Theory and Practicals) 3) Home Science, code- 214(Theory and Practicals) 4) Economics , code -215 5) Business Studies, code -216 6) Painting , code - 225(Theory and Practicals)		
Online Admission- Registration is valid for 5 years.				
2	Registration	Block –I for April exams	Block –II for October exams	
a)	Age limit	14 years as on 31st July 2021 (born on or before 31/07/2007)		14 years as on 31st January 2022 (born on or before 31/01/2008)
b)	Registration dates	16th March - 31st July 2021 1st August - 15th August 2021 16th August - 31st August 2021 1st September-15th September 21	without late fee with late fee of Rs. 200/- with late fee of Rs. 400/- with late fee of Rs. 700/-	16th Sep.2021 - 31st January2022 1st February - 15th February2022 16th February - 28th February 2022 1st March - 15th March 2022
c)	Minimum edn. qualification	Certificate of class VIII passed Or Self certificate (Admission form)		
d)	Documents required : Scanned copy/soft copy (jpg, jpeg files) of the given below documents which will be required to be uploaded while registering for the Admission to Secondary 1. Recent Passport size color Photograph. 2. Signature (preferably in Black Ink). 3. Valid identity proof (like Aadhaar Card or Passport or Ration card or etc.) 4. Valid proof of Date of Birth (like Aadhaar Card with date of birth printed on it in the dd/mm/yyyy format, Birth Certificate) 5. A valid proof of Residence (like Aadhaar Card with complete address printed on it, valid Passport etc.) 6. Address proof i.e. Aadhaar Card/Water Bill/Electricity Bill/Voter ID/Ration Card 7. Class 8th marksheet (in case of secondary course) 8. Social category/Caste certificate (in case the learner belongs to SC/ST/OBC social category). Ex-serviceman certificate (in case he/she is an Ex-serviceman) 9. Disability certificate (in case he/she is having any kind of disability) 10. Fail Mark sheet of previous Board. 11. Passport/Statement of Operational Bank Account/Appointment Letter from the Employer on Printed Letter Head, if living in rented accommodation - copy of any proof of permanent address along with present Rented Agreement.			
e)	*Fee structure and mode of payment: (The fee can be deposited Online through Credit Card /Debit Card/Net Banking only)			Boy
		Girl		
		Amount	Amount	
		Amount on DD	Amount	
		Additional Late fee as per the details shown in point 2 b		
f)	Books	After registration- in the month of Oct- Nov. from the board.		After registration- in the month of June- July from the board.
Filling up of Examination form				
3)	Exam forms	Block –I for April exams	Block –II for October exams	
a)	Filling exam form - dates	21st November to 20th December (Without late fee) 21st December to 31st December (With late fee of Rs. 100/- per subject) 1st January to 10th January (With consolidated late fee of Rs. 1500/-)		21st May to 20th June (Without late fee) 21st June to 30th June (With late fee of Rs.100/- per subject) 1st July to 10th July (With consolidated late fee of Rs. 1500/-)
b)	Fee	Examination fees per subject = Rs.250 per subject Examination fees for subject with practicals = Rs.370 per subject Examination fees per subject (after last date)= additional Rs.100 Consolidated late fee = Rs.1500		
c)	Mode of payment	The fee can be deposited Online through Credit Card /Debit Card/Net Banking only		
d)	T-M-A Submission	TMA to be submitted on or before 31 st January, 2022 to AI center Will be marked on the report out of 20		TMA to be submitted on or before 31 st July, 2021to AI center Will be marked on the report out of 20
e)	Concessions : For LD and Slow learners	Extra time – 20 mins per hour and writer/reader		
	Paper pattern	100 Marks		
f)	NIOS website	www.nios.ac.in		
g)	Results	6 to 7 weeks after the last paper is over.		

English Elocution Competition

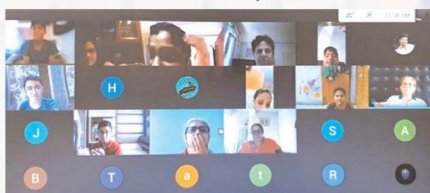
The Nalanda Foundation School had an overwhelming response and participation to the first ever online inter-house English Elocution competition.

The English inter-house elocution competition for the seniors IX - X was held on 15th January, 2021 and for the juniors VI, VII, VIII was held on 14th January, 2021.

Both the Senior & Junior category Students were trained by their respective house teachers.

The competition helped the students to speak clearly and loudly with confidence and with expression. It helped them to develop a good command over the English language, improve their memory and increase their vocabulary.

It gave the children the opportunity to combat their biggest fear - stage fright.



Results for the Seniors

The best speakers from each house were Ali Patel & Shreyas Kharpude (Equus House), Dhruv Bedas (Eagles House), Yazad Mogrelia (Dolphins House), and Sakina Mithaiwala (Pumas House).

Overall best speaker was Dhruv Bedas.

Best House was Equus

Results for the Juniors

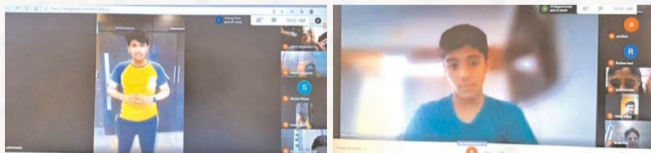
The best speakers from each house were Neil Shah (Equus House), Ali Bhagasrawala (Eagles House), Mohammed Sakarwala (Dolphins House), and Musbah Latif (Pumas House).

Overall best speaker was Musbah Latif.

Best House was Pumas.

Congratulations!

Arva Vahanvaty, Teacher



English Elocution

Effective learning facilitation programme

The Nalanda Learning Facilitation Programme (NLFP) has evolved into an effective Facilitation Program for children with development and learning variations since 1998 in Mumbai.

NLFP conducted its Sports Day virtually on Fri-

juggle the ball on the bat, squat with book on the head, hit the ball against the wall and catch. All the students joined their virtual classrooms and the allotted teachers recorded the counts for each of the events.

The last event for students was a quiz on sports exclu-

parents. All the staff members enthusiastically participated in the event and some parents too as the students cheered for both of them.

Vansh Porwal of the Dolphins House was adjudged the Best Overall Sports Boy and Equus House the Best Overall House for the year 20-21, for



Sandeep B, winner of Staff Race



Pinkhi Shah, winner of Parents' Race



Best Overall Sports Boy: Vansh Porwal (class IX)

day, 19th February, 2021. The Sports Day began with the school prayer, the school song and the oath taking led by Asst. Captain of the Pumas House Mokshit Kamungo. The first event of the day was the 1 km race. The students downloaded the Nike Run Club app, ran in their home, building or their vicinity holding their mobile phone as it recorded the run on the app and later sent a screenshot of the run to their respective teacher.

The other events conducted during the day were

sively for students of Std 10. A keen contest ensued between the four houses, Equus, Pumas, Dolphins and Eagles. At the end, the scores of the three houses Equus, Dolphins and Eagles were tied for the second and third positions, with Pumas being the clear winners taking the first place. Two additional rounds had to be played as tie-breakers in which Eagles bagged the second position and Dolphins the third position.

An event was also organised for the staff members and

the fourth time in succession. Until the previous day, the students had reservations about taking part in a sports competition conducted virtually. But as the sports day came to a close with the finale event being the quiz competition, the rivalry among the houses was reflected by the enthusiasm in their voices and the smiles on their faces. One had only to see it to believe all of this. As the students were asked to disperse, one could sense a feeling, "YEH DIL MAANGE MORE".

A GLIMPSE INTO THE UNDERWATER WORLD

The Nalanda Learning Facilitation Programme has evolved into an effective Facilitation Program for children with development and learning variations since 1998 in Mumbai.

Since April 2020, NLFP has conducted online classes for all its students from Std 6 to Std 10, both SSC and NIOS Sections. In addition, NLFP has tried to organise as many co-curricular activities like Hindi and English elocution competitions and extra-curricular activities like festival celebrations online to give our students a semblance of security, stability and normalcy during this difficult year.

As a continuation of this effort, NLFP organised an audio-visual presentation by marine biologist and an avid diver Abhishek Jamalabad on Wednesday, 6 January.

He covered the three dives that he had undertaken off the coast of Goa and Karnataka, namely along the

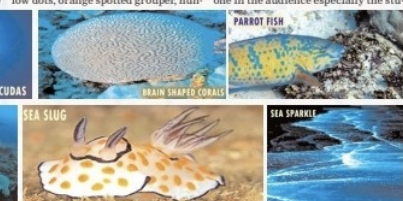
corals and brain corals.

He then displayed pictures and short videos of different fishes he had encountered during his dives from his collection of photographs, long shots and closeups.

The bright coloured parrot fish, sea slug with a white body and bright yellow dots, orange spotted grouper, hun-

dreds of damsel fish, barracudas, pinfish mesmerised us all with their electrifying colours. He showed a video of fish, which appeared to some like flattened cacti, which Abhishek identified as ghost fish, called so because of its peculiar floating movements in the sea.

Abhishek took the entire online audience through this well-planned underwater journey so beautifully that each one in the audience especially the stu-



Grand Island, Netrani Island and Angria Bank.

He started his presentation by introducing the students to the gear and the apparatus that is required for deep sea diving and what care needs to be taken when you are under the sea.

Abhishek, then, showed the students various kinds of corals that are normally seen in these three places such as encrusting coral, flower pot coral, hill shaped corals, staghorn

dreds of damsel fish, barracudas, pinfish mesmerised us all with their electrifying colours. He showed a video of fish, which appeared to some like flattened cacti, which Abhishek identified as ghost fish, called so because of its peculiar floating movements in the sea.

Abhishek also talked and shared a picture of a specimen which he had picked up from the sea and later at night began to glow called sea sparkle. The constant refrain of students

dreds of damsel fish, barracudas, pinfish mesmerised us all with their electrifying colours. He showed a video of fish, which appeared to some like flattened cacti, which Abhishek identified as ghost fish, called so because of its peculiar floating movements in the sea.

Abhishek also talked and shared a picture of a specimen which he had picked up from the sea and later at night began to glow called sea sparkle. The constant refrain of students

A Glimpse into the underwater world

Sports Day

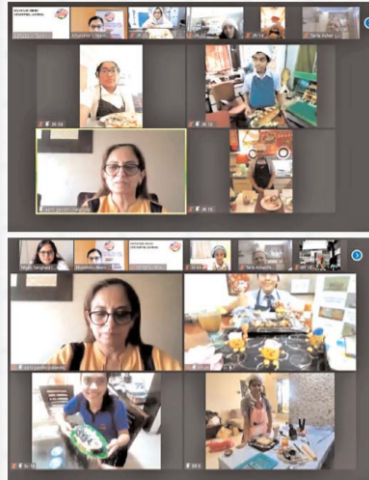


Ace Chef

The Nalanda Learning and Facilitation Program has evolved into an effective facilitation program for children with Development and Learning Variations since 1998 in Mumbai. The Program enables students who are unable to cope with conventional teaching methodologies in regular mainstream schools to continue with their studies, to build up self-esteem, reinforce positive behaviour and ultimately return to higher education.

NLFP also has strong support programmes of remediation, counselling and socio-emotional development of students. Co-curricular activities, events, inter-school competitions, field trips, guest lectures and workshops make it an enjoyable experience for them.

The Nalanda Learning and Facilitation Program proudly held its eighth season of Ace Chef inter school competition (online) on Saturday, 27th February 2021, virtual events being the new normal. This unique cooking competition was held online in association with Adventure Holidays, where the students showcased their culinary skills working individually at their homes. The zest and enthusiasm shown by the participants was unbelievable. They displayed remarkable skills in innovating the recipes, sourcing the ingredients and presenting the final dishes. The program was presided by Mr. Sameer Malkani, President FBAI (Food Bloggers Association of India). Hundred



made salads and sandwiches, while the seniors made starters and desserts.

Winners in the junior category were, 1st position - Peri-Peri Paneer Onigirazu, Shahi Fruit Sando and Matcha Chai Latte by Mehr Chachra from G D Somani Memorial School, 2nd position - Garden Fresh Delight (open sandwich) and Exotic Jungle Jumbo Sandwich by Vedant Jhaveri from G D Somani School and 3rd position - Mediterranean Salad Havisha by Dinesh Bajaj from Greenlawns high school, Warden Rd.

Winners of the senior category were, 1st position - Vegan Dynamite Sushi, Vegan Banoffee Pie Trifle and Sunrise Mocktail by Namaha Kangutkar from Greenlawns w.r.l, 2nd position - Choco Jalebi with Strawberry Cream by Kashvi Balar from Maneckji cooper education trust school, Mumbai and 3rd position - Indiana Mexicana Delicadeza, Avocado Salsa Curd Delight, Bejewelled Puffed Rice Special and Le-Mi-Gin by YASHAS DASSANI from G.D. Somani Memorial School.

The winners were awarded with certificates, Trophies and gift hampers. The gift hampers were sponsored by Rootz & Co. Plattered, Kalon's and Jindal Cocoa. The trophies were sponsored by Rotaract Club of Mumbai Malabar Hill.

students from over twenty four schools across Mumbai participated in this competition.

Judges for the junior teams were Chef Ananya Banerjee, Chef Raji Gupta, Chef Roopa Nabar, Chef Kalyan Kamarkar and Chef Anees Khan. The judges for senior teams were Chef Varun Inamdar, Chef Karan Bane, Chef Seefah Ketchaiyo, Chef Rushina Munshaw Ghildiyal and Ms Saloni Malkani.

Participants in the junior category



The Nalanda Learning and facilitation Program has evolved into an effective facilitation program for children with Development and Learning Variations since 1998 in Mumbai. The programme enables students who are unable to cope with conventional teaching methodologies in regular mainstream schools to continue with their studies, to build up self-esteem, reinforce positive behaviour and ultimately return to higher education.

NLFP also has strong support programmes of remediation, counselling and socio-emotional development of students. Co-curricular activities, events, inter-school competitions, field trips, guest lecturers and workshops make it an enjoyable experience for them.

The Nalanda Learning and Facilitation Programme hosted an online farewell party to the students of standard ten (SSC & NIOS) on Friday, 9th April 2021, virtual events being the new normal.

This unique Farewell Party was held online in association with Adventure Holidays, where they experienced the fun and excitement from the safety of their homes. The zest and enthusiasm shown by the students was contagious.

The theme of this party was Farewell, Bollywood Style. True to its theme, the teachers of NLFP had organised games like Selfie Hunt, Antakshari and a Fashion Show.

The highlight of the whole event was the fashion show where the students dressed in their best attire did a ramp walk. They were judged based on their dressing, confidence and their answers to the questions asked by the judges.

The two best students were judged Ms Nalanda and Mr Nalanda — Aarshi Bhansali and Dhruv Beda respectively.

Mr Astad of Adventure Holidays cooped the show along with the teachers of NLFP.

Team Nalanda also bid a heartfelt adieu to the counsellor, Niyati Sanghvi, who has left for better prospects.

It was an emotionally charged moment for the students and teachers alike as a video of bit-



Position	Names of Student
1 st	Ibrahim Ismail
2 nd	Daksh chauhan
3 rd	Aarshi Bansali
1) Consolation	Chirag Khubchandani
2) Consolation	Dhruv Beda

tersweet memories was played.

Many students expressed their gratitude towards NLFP, and according to some it was changing experience to be a part of NLFP.

Aarti Gandhi thanked Adventure Holidays and their team for giving such a fine experience. She also congratulated and thanked the staff of NLFP for organising such an exciting fun filled event. The programme concluded with dance and music.

Farewell



REFLECTIONS

2020-21

